

Suggested Food Items

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CHILD FOOD LIST

Single serving packages, please:

Breakfast bars / cereals without peanuts

Breakfast bars / cereals with peanuts

Cheese crackers (no peanuts)

Sandwich crackers

Pretzels

Graham crackers

Jif to go

Raisins

Fruit cups and/or Fruit cups in gel

Applesauce

Microwaveable meals

Single serving soups



FAMILY FOOD LIST

Canned vegetables
Canned fruit / applesauce
Stuffing
Canned gravy
Cranberry sauce
Canned beans
Canned pasta
Spaghetti sauce
Pasta / egg noodles
Soups and stews
Canned soup, ramen noodles
Crackers
Peanut butter and jelly
Cereal
Dessert mixes
Jell-O / pudding
Canned tuna / chicken
Beef stew / chili
Ground coffee / tea
Macaroni and cheese
Rice / grains
Oatmeal
Dried fruit
Fruit juice

